

THE FREEZING SPELL

This spell stops people's energy from bothering you. It doesn't affect who they are or cause them any harm, it just freezes their negativity toward you personally. If they're negative to everyone, this spell stops them from being negative to you; they will still be negative to everyone else.

There are two ways people affect you with their negativity:

1. Personally, as if they have something against you specifically. This is usually a transference of their own issues, but it comes across as against you.
2. Generally, as if they are negative and angry at everyone. But for some reason, either due to work, family or marriage, you have to be in close proximity to their negativity and so get the brunt of it. This can be very hard to combat because these people can border on a level of madness which means they can be unaffected by sane energy.

Materials Needed

Plain, clean white paper with no lines or holes made square
(take 8-1/2" x 11" and cut off the top to make it 8-1/2" x 8-1/2")

Black permanent marker (Sharpee)

Small food storage container that seals

(not a baggie, but a Ziplock or Tupperware box)

Water

Freezer

Best Time to Perform

At five minutes after the hour

(the Banishing Time is from the top of any hour to the bottom, but start at five minutes after, not exactly at the beginning of the hour)

Preferably during the waning Moon (from Full to New)

The Spell

Gather the materials and have them ready for use. At five minutes after an hour, write or print the name of the offending person in the center of the square white paper with the black permanent marker.

With the black permanent marker, draw a thick circle COUNTER-CLOCKWISE around the name. It is very important that the circle is drawn counter-clockwise, the banishing direction. Think clearly of banishing their energy as you draw this circle. Avoid putting your own negativity into these thoughts. Concentrate on stopping their harmful energy from reaching you not retribution.

If you draw over and over the circle to make it thick, make sure you fill in the little white spaces between the lines so you have a solid black circle around the name. This is your first line of defense.

Fold the paper up and place it in the empty food storage container.

Add water to fill it to the top. The paper will probably float but will still be surrounded by water.

Seal the container, put it in the freezer and leave it there. Leave it in the freezer for as long as that person is around you, and then a month longer.

This doesn't work on everyone, but I've had a 90% success rate. There are stronger methods listed below (after instructions for removing it from the freezer when its work is done) if this doesn't do what you need it to.

The Release

Once the freezing energy is no longer needed, remove it from the freezer and let it thaw.

Take the paper out of the water and let it dry. Wash and reuse the container as you wish – it can – but doesn't have to – be saved for only spell work.

Once the paper is dry, burn it in a safe way.

If you are replacing a current freezing container with one containing a stronger version, remove the first as you place the second one in (meaning, the second one is completely prepared and ready to be placed in the freezer before you remove the first).

For Stronger Help

Sometimes, a little extra umph is needed to get your point across. In that case, you add three tablespoons of one of these (not all of them together) for certain situations:

If you need the person in question to be nice to you instead of mean, which happens most frequently with family members, in-laws and people you are forced to work with:

- Add three tablespoons of Honey (which makes them sweeter to you)
- If need be, add more water to completely fill the container after the Honey is added

If the person in question has a specific issue with you that you have done nothing consciously in this life to cause:

- Add three tablespoons of Cayenne Pepper (which stops them in their tracks)
- If need be, add more water to completely fill the container after the Cayenne is added
- Take special care when Releasing this as burning a paper saturated with Cayenne Pepper causes intense smoke so please try to burn this outside safely

If the person in question is vicious in their attitude and actions specifically toward you for no apparent reason (which I guarantee is karmically-based):

- Add three tablespoons of Cayenne Pepper
- And three tablespoons of your own urine.
- If need be, add more water to completely fill the container.
- Again, take special care when Releasing this because of the Cayenne Pepper.

Seal the container. Put it in the freezer and leave it there until you no longer have to deal with that individual. That could be for several days, a week, a month or even for several years.

The Last Straw

If dealing with that person who is vicious and you feel the Cayenne Pepper/urine combo isn't strong enough, once you've written the name and drawn the counter-clockwise circle around

it, call in the forces of all your personal power and “strike them out” of your life. You do this by drawing a line with the black Sharpee from top right just outside the circle to bottom left just outside the circle saying: “I banish your energy!” or “I banish you from affecting me!”

Keep drawing that banishing line from top right to bottom left over and over until the circle is completely covered in black. Draw only in the one direction (top right to bottom left) – don't draw up and down and up and down. From top right to bottom left is a banishing action.

With each stroke, repeat – with all the power of your hurt or anger or injustice of their actions – the statement you chose.

When complete, fold it up and put it in the food storage container, fill with water, add the Cayenne pepper and urine, seal it and freeze it. Then quickly wash your hands in cold water so none of the strength of your emotions stays with you.

Good luck.