

CANDLE BURNING: A Basic Guide for the Ancient Art  
by Sharon (copyright 1984)

*(This is the complete small booklet I bought years ago from Cosmic Connections in Chatsworth, California that is, unfortunately, no longer in existence. It contains simple yet profound instructions for doing spellwork or meditation using candle burning. With all the books written in the last 30 years on the subject, I have not found one that gives more complete information. I have used the basics of this booklet in all my spellwork which has been very successful. Sometimes I also add Tarot Cards to the work, which only enhances the power of whatever I'm doing. To learn more about that, get "Tarot Spells" by Janina Renee. Meanwhile, follow what Sharon offered and great success to you.)*

Everything you need to know about candles and candle burning...simplified and accurate in every detail; especially compiled for those of you who wish to delve into this Ancient Art without complication or confusion.

Dedicated to all those who genuinely seek truth, and a better, more positive way of life.

## **INTRODUCTION**

Light is a symbol of Truth, Purity and Cleansing. Candle burning, when anointed with special oils, then combined with one's own mind-power has, for thousands of years, been both a religious and magickal way of obtaining and enhancing one's prayers, desires, wishes, ambitions, goals and objectives.

Candle burning is by no means a complicated procedure. In fact, it is extremely easy to understand and follow, step-by-step, always keeping in mind that the most important "ingredients" are your very own positive thoughts and willpower. Through your own concentration, imagination and determination, and by directing your thoughts toward your Desired Objective in a positive manner during the entire procedure, the vibrations of the candles are enhanced and energized all the more. The more you visualize what it is you are going to achieve, the more it will become a reality, and in turn that reality will become as you have seen it. Therefore, the reality of the dream is the result you will achieve by using and applying this process.

This has been written in such a way that will enable you to follow the procedure without any unnecessary complications, and to ensure the best results. You must use the guidance of your own intuition in carefully selecting colors, oils and incenses, and in remembering to proceed during the most appropriate Planetary hours and days.

Standard-size beeswax candles are the best to burn because of their purity. If, however, they are unavailable to you, the next best type would be the paraffin wax candles which burn for approximately seven days and are enclosed in a solid glass case. Should either of the above-mentioned be unavailable to you, standard-size paraffin candles will suffice.

The Oils listed here are a standard guide to what is easily available. The Incenses listed are also easy to come by. Combining two or three oils together, or two or three incenses together, may feel better to you to obtain the desired effect. It is perfectly alright to do so,

providing your choices are a combination of the most suitable representations you will require to achieve that particular effect. Again, it is important to use your own intuition when making these choices.

So now that you have the information available here, study it very carefully, then go ahead and start.

## **COLORS**

Each color carries its own vibrations, and since it is this vibration with which you will be working, the selecting of a color which best represents the Desired Objective is the first and most important step.

When you have made your choice as to the color of the candle which best suits your needs, write it on a Checklist so you can have a list of what you need to accumulate and have ready to do your working. You will be building this Checklist throughout, and you can fill it in, step-by-step, as you read through this book choosing the items necessary for the ritual.

The color representations of candles are listed as follows:

### **Black**

Repels adversity, negativity, bad luck, black magick, sadness, sorrow, etc. It is of great importance to note that a black candle never be burned without a white candle. In fact, it is a good idea that when burning a black candle, two white candles be purchased for each one. The reason for this is that should the black candle out-burn the first white candle (black being slower to burn than white), the second white one can be ignited ahead of time using the flame of the first white candle to light the second. The second white candle must not be extinguished but allowed to burn itself to the very end.

### **Blue**

Represents good health, truth, wisdom, serenity, peace and harmony in the home, spiritual understanding, calmness, inner peace.

### **Brown**

Represents earthiness, grounding. It is definite, sure, steady. Helps with concentration, telepathic powers, intuition, study and learning.

### **Green**

Attracts and increases money, abundance, fertility, good fortune, success, ambition, wealth, finances, healing, health, good crops and/or harvest.

### **Orange**

Helps with mind-clearing and building, self-control, receptivity, organization, friendship, attraction, adaptability, vitality, success, creativity.

### **Pink**

Enhances affection, love in its most pure form (unconditional love), success, clean-living, spiritualism, diplomacy, femininity, unselfishness.

### Purple

Builds and re-energizes psychic ability, power, high energy, protection, honors, independence, healing, dignity, spirituality, self-assurance, progress, motivation. Compels and commands.

### Red

Attracts love (but in a more physical way rather than pure love), sex, the opposite sex, healing, energy, psychic phenomena, romance. Attracts and magnetizes.

### Seven-Colors

Cleans and enhances the seven chakras as well as the seven areas of success.

### St. Jude Red

Helps with love in difficult matters.

### St. Jude Green

Helps with health or wealth in difficult times.

### St. Jude White

Helps with purity and cleansing in difficult matters.

### St. Michael Red

Brings fast action to aid you in protection, deliverance from enemies, and arguments. Promotes courage.

### St. Michael White

Brings protection in all matters, cleansing.

### White

Promotes and symbolizes purity, truth, spiritual strength, power in its most positive form, cleansing, realization, protection, prophecy, clairvoyance, high energy.

### Yellow or Gold

Attracts and enhances activity, fast luck, concentration, mind-clearing, success, creativity, inspiration, cheerfulness, happiness, persuasion.

Note: Should the St. Jude and St. Michael candles be unavailable to you, then an ordinary candle in the appropriate color, along with a picture of, and a prayer to, the saint whose help you wish to evoke will suffice. The picture must be placed with, and the prayers recited daily, for seven days after the initial lighting of the candles, even if the candle itself burns down in five days. If it is the help of either of these saints you need, then add them to your Checklist.

## **OILS AND INCENSES**

Following is a list of the most common types of oils and incenses which are most easily found, together with their own representation. As each oil has a different vibration, it is important to use your own intuition and common sense whenever selecting an appropriate oil with which you are to dress your Desired Objective candle.

Should you feel the need to mix two or three oils together, by all means feel comfortable to do so, provided you feel you are combining a mixture of your own which will enhance the vibration all the more. Should the Blessing Oil be unavailable to you so that you are unable to anoint the three High Energy White Candles, either Acacia, Frankincense or Carnation Oils are just as effective to use as a substitute. The same applies to selecting incense. Feel free to combine as many as you wish. The powdered incenses are best to use for mixing, although if not easy to obtain, two or three varieties of either the cone or stick incense will provide you with the desired vibration.

An example of what incenses to mix would be a combination of two incenses which represent the Desired Objective, together with one which represents the Petitioner. You may feel the need to use also an “uncrossing” or “repelling negativity” brand or a “positive energy” or “High Energy” brand.

Personally, I always like to add Wisteria incense, as it evokes the aid of the Higher Spiritual Forces.

Once you have chosen an oil to dress your Desired Objective Candle with, and a combination of incenses, again write your selections on your Checklist.

#### Acacia

Use of psychic development and abilities. May be used as a substitute for Blessing Oil.

#### Apple Blossom

Brings happiness. Brings the vibration in general to a higher, happier level. Promotes lightheartedness.

#### Apricot

Promotes and encourages new ideas.

#### Blessing

Used in the blessing of sacred and religious/spiritual objects. Purifies.

#### Carnation

Gives energy. Purifies. Used in the blessing of sacred and religious/spiritual objects.

#### Cherry Blossom

Represents peace, harmony, happiness, cheerfulness.

#### Cypress

Enhances spirituality. Brings special blessings.

#### Eucalyptus

Advances healing in general, but it's particularly good for the healing of colds, flu, asthma, bronchitis, and any type of sinus problem.

#### Frangi-Panni

Attracts the opposite sex. Extremely magnetizing.

### Frankincense

Represents freedom, truth, wisdom, mind-clearing, calmness, honors, independence, dignity, progress, motivation, receptivity, spiritual growth and spirituality. Purifies. Used in the blessing of sacred and religious/spiritual objects.

### Gardenia

Carries the vibration of the warmer emotions such as love, understanding, calmness, peace and tranquility.

### Honeysuckle

Mind-clearing and building. Study, intuition, self-control, receptivity, organization, adaptability, vitality, success, definite, sure, concentration, telepathy, unhesitating.

### Iris

Determination, mind-building, independence, concentration.

### Jasmine

Spiritual love, raising vibrations. Protection, affection, clean-living, femininity, unselfishness, truth.

### John the Conqueror

Success and protection. Repels Black Magick, negativity, adverse conditions and sadness.

### Lavender

Purifying, relaxing, energy-building, peacefulness. Helps the broken-hearted.

### Lilac

Peace, harmony, study, memory, concentration, mind-clearing, understanding.

### Magnolia

Purity, clear-thinking, love.

### Musk

Enhances the personality, determination and will power.

### Myrrh

Spiritual. Repels evil, adversity, Black Magick, negativity, sadness. Highest vibration of spiritual connection with Higher Spiritual Forces.

### Orange Blossom

Magnetic, attraction, compelling, success, activity, creativity, inspiration, cheerfulness, persuasion.

### Patchouli

Enhances peaceful separations, calming.

### Rose

Harmony, peace, calmness, love.

### Rosemary

Protection against evil, negativity, etc. Builds strength of character, self-assurance, good common sense, courage, determination and will power.

### Sandlewood

Promotes psychic abilities, telepathic power, astral travel, prophetic dreams, spirit communication, insight, foresight, etc.

### Sweet Pea

Attracts love. Magnetic, compelling, drawing, loyalty, devotion.

### Violet

Healing, reuniting.

### Wisteria

Evokes the aid of the Higher Spiritual Forces.

### Ylang-Ylang

Attraction, success, protection from psychic harm and psychic attack, magnetic to higher vibrations.

## **ASTRAL CANDLES AND OILS**

An Astral Candle is that which you will use to represent the Petitioner for each Candle Burning Ceremony. If you are performing a ceremony for someone else other than yourself, it will be advantageous for you to find out the birth date or Astrological sign of that person before you commence your work. If this information is unavailable to you, then select a white candle and write the name of that person whom the candle represents. To do this, take a pin and inscribe the name of the person into the candle wax.

Astral Oils carry vibrations which correspond to each ruling planet, therefore it will be necessary to dress your Astral Candle with the appropriate oil. As previously mentioned, if you cannot obtain the Astrological sign of another, a substitute will be required, and in this case, I suggest you use Apply Blossom oil.

Below is a list to be used as your Astral Guide. After you have selected the candle and oil you need, write it down on your Checklist.

All dates for the Astrological signs are standard, although depending on the year, the dates may be one or two days off for the starting or ending of the sign. Please make sure you get all the information before choosing the right Astral Candle and Oil.

### Aries

(March 21 – April 20) – Red Candle, Gardenia Oil.

### Taurus

(April 21 – May 21) – Green Candle, Iris Oil.

### Gemini

(May 22 – June 21) – Orange Candle, Honeysuckle Oil.

### Cancer

(June 22 – July 22) – Mid-Blue Candle, Rose Oil.

### Leo

(July 23 – August 23) – Gold Candle, Orange Blossom Oil.

### Virgo

(August 24 – September 23) – White Candle, Sweet Pea Oil.

### Libra

(September 24 – October 23) – Green Candle, Honeysuckle Oil.

### Scorpio

(October 24 – November 22) – Red Candle, Cypress Oil.

### Sagittarius

(November 23 – December 21) – Dark Blue Candle, Musk Oil.

### Capricorn

(December 22 – January 20) – Brown Candle, Magnolia Oil.

### Aquarius

(January 21 – February 19) – Purple Candle, Apricot Oil.

### Pisces

(February 20 – March 20) – Mid-Blue Candle, Jasmine Oil.

## **MOONS**

Since ancient times it has been known that during specific phases of the Moon, various cosmic energies and vibrations are released, manifested and magnified. Therefore, when working with candles, it is most advantageous to work in accordance with these phases of the Moon. This will, in turn, enhance and increase the power needed for your cause, and this way you will attain the best results.

Find out where the Moon's energies are by looking in your local calendar or on the internet and add it to your Checklist. Although you may have to wait a little for the most appropriate Moon phase, it will most definitely be well worth it. Besides, you don't want the energy to backfire.

### Waxing Moon

(The time between the New Moon and the Full Moon.)

Burn any candles pertaining to upliftment, attraction, magnetizing, increasing, uniting or re-uniting, restoring, improving, etc.

### Waning Moon

(The time between the Full Moon and the Dark Moon.)

Burn candles pertaining to releasing and negativity.

### Full Moon

Burn candles pertaining to health and power.

### Dark Moon

(The three day period before the New Moon.)

Do not burn candles during this time, no matter what the circumstance!

## **PLANETS**

Each Planet, or Cosmic Ruler, carries a vibration of its own, and this Cosmic Flow of energy is transmitted throughout the Universe at all times.

Whenever candle burning, it pays to work in accordance with the particular Planet which would most influence your Desired Objective. Knowing the Planetary energy you wish to use gives you a day of the week to start your working (see RULING PLANETS FOR THE DAYS OF THE WEEK).

Below is a list of the Planets and the vibrations, power and force belonging to each one. Again, use your common sense when evaluating which particular Planet is best suited to your need. When you have picked the vibration of the Planet you will use, write it on your Checklist for ready reference.

### Jupiter

Represents peace of mind, serenity, buying and selling, health, expansion and success of business ventures, especially the Creative Arts. Attracts money, material things; attracts and builds friendships, honors.

### Mars

To gain courage, self-assurance, win lawsuits, preserve oneself and survive adversity, obtain military honors, cause separation and hostility. Pertains to self-awareness and development of masculine energy.

### Mercury

Prophesying, communication, divination. Pertains to all matters of the intellect; study, concentration, telepathy, psychic development, acquiring understanding, gaining knowledge, opening closed doors, influencing others.

### Moon

Protection in all ways, travel in safety, acquiring material possessions; prophetic dreams, reconciliations and any situations pertaining to children.

### Saturn

Influences others, business and financial success, develops mediumship and channelling.

## Sun

Honors and finances, power over those in authority, spiritual growth, development and enlightenment, peace, harmony, friendships, new acquaintances, hope, inspiration, love.

## Venus

Inner and outer beauty, tranquility, love, friendships, sex, fertility, conception, happiness, kindness, creativity, understanding, warmth, truth, sincerity. Pertains to self-awareness and development of feminine energy.

## **TIMING**

Every day is governed by a different Planet and a different Astrological sign. To obtain even more beneficial results from candle burning, burn the candles on the day which is either ruled by the Planet of choice or best-suited to your Astrological sign (see the list below). If burning for someone else, choose the day which is best suited to their Astrological sign.

Once choosing the Planet/Astrological sign which best suits your Desired Objective, know its associated day is the day to start your working. Make a note of it on your Checklist. There is no detriment to choose the day by either Planet or Astrological sign. Use your intuition to feel what is best for your Desired Objective.

### Ruling Planets for the Days of the Week

Sunday = Sunday

Monday = Moon

Tuesday = Mars

Wednesday = Mercury

Thursday = Jupiter

Friday = Venus

Saturday = Saturn

### Ruling Astrological Signs for the Days of the Week

Sunday = Leo.

Monday = Cancer.

Tuesday = Aries and Scorpio.

Wednesday = Virgo and Gemini.

Thursday = Sagittarius and Pisces.

Friday = Libra and Taurus.

Saturday = Capricorn and Aquarius.

## **PLANETARY HOURS**

Every hour of every day is governed by a different planet. After selecting the Planet which will be most suited to your needs, you should commence work at the beginning of that particular hour, so that the candles are dressed, anointed, set-up and ready to be lit at thirty-five minutes passed that hour.

For example: Let us suppose it is the vibration of Venus with which you will be working. In order to obtain that Cosmic Flow of Energy, it is vital that the candles be ignited on a Friday (Venus day) at twenty-five minutes before the Hour but DURING the Venus hour. However, let's say the Venus hour actually commences at 30 minutes before the hour. In a case such as this, it is advisable to have everything set up ahead of time. This way, you will be able to light the candles during the Positive Time, then the vibration of the candles will be able to absorb the Energy Flow from that planet with more vitality.

### Positive and Negative Time

All Positive Time commences at half passed the hour, and all candles should be therefore lit at 35 minutes after the beginning of the hour in which you are working. Lighting candles during Negative Time (from the beginning of the hour up to 30 minutes passed the hour) may result in poor or little success, if any, or alternatively may rebound upon yourself in a negative way. Negative Time is used to do work of releasing and banishing. This does not suggest there is any time to do Black Magick, as, again, any negative action you take against another will come back to you three times.

It is impossible to determine the times of the day on a chart in this book since the hour of sunrise varies, due to geographical location. However, this information may be obtained by finding the hour of sunrise (check out the internet or weather section of your local newspaper).

The following chart has been set up to give you the hours when each Planet sends forth more energy than any of the others. Keep in mind that the first hour of this Planetary Guide begins at the moment of sunrise and so on. For example, if the Sun rises on a Saturday morning at 6:30 am, the hour between 6:30 am and 7:30 am would be ruled by Saturn. The next hour between 7:30 am and 8:30 am would be ruled by Jupiter...and so on.

After working out which hour in which to do your work, write it on your Checklist.

### Jupiter

Sunday: 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> hours.

Monday: 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> hours.

Tuesday: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> hours.

Wednesday: 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> hours.

Thursday: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> hours.

Friday: 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> hours.

Saturday: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> hours.

### Mars

Sunday: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> hours.

Monday: 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> hours.

Tuesday: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> hours.

Wednesday: 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> hours.

Thursday: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> hours.

Friday: 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> hours.

Saturday: 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> hours.

### Mercury

Sunday: 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> hours.  
Monday: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> hours.  
Tuesday: 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> hours.  
Wednesday: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> hours.  
Thursday: 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> hours.  
Friday: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> hours.  
Saturday: 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> hours.

### Moon

Sunday: 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> hours.  
Monday: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> hours.  
Tuesday: 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> hours.  
Wednesday: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> hours.  
Thursday: 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> hours.  
Friday: 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 14<sup>th</sup> hours.  
Saturday: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> hours.

### Saturn

Sunday: 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> hours.  
Monday: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> hours.  
Tuesday: 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> hours.  
Wednesday: 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> hours.  
Thursday: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> hours.  
Friday: 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> hours.  
Saturday: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> hours.

### Sun

Sunday: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> hours.  
Monday: 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> hours.  
Tuesday: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> hours.  
Wednesday: 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> hours.  
Thursday: 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> hours.  
Friday: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> hours.  
Saturday: 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> hours.

### Venus

Sunday: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> hours.  
Monday: 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> hours.  
Tuesday: 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> hours.  
Wednesday: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> hours.  
Thursday: 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> hours.  
Friday: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> hours.  
Saturday: 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> hours.

### PLACEMENT

The best and safest place to burn your candles would be in a dry area, away from any wind or breeze, nowhere near flammable articles such as curtains, and preferably on a clean, flat,

wooden surface. At best, this space serves no other purpose besides being an altar or sacred space all the time; at worst, it serves no other purpose besides the working for however long the candle burning takes.

This surface should be washed down in Holy Water and anointed at each corner with Blessing Oil prior to any work. Holy Water is available from most churches, but if you are unable to get it easily, then a mixture of salt and water will suffice. The salt has properties which include protection and purification. Again, make a note on your Checklist so this is remembered to be part of the preparation.

No matter what choice of candles you are using, they MUST NOT be extinguished at any time. Once they are lit, they must be allowed to burn free, right down to the very end, where they will burn themselves out completely. Unless you are using the type of candles which take approximately six or seven days to burn in their entirety, then it will be no problem to sit or stay close by for a few hours to supervise the safety factor during the ritual when using open, standard-sized candles. However, if you are using the 7 Day Candles, then choose a place where they will remain free from disturbances such as pets, children, drafts, curtains and any appliance that moves such as a fan. Most importantly, keep them away from people who, with all good intent, fear for your safety. There is nothing more frustrating than a concerned visitor or friend doing you the kindness of blowing out the entire ritual in one foul swoop!

All candles should be burned in the same position each time, and must be set up in a larger pyramid shape with the White High Energy Candles at top and two points of the base, with a smaller pyramid inside the larger under the top point. The inner pyramid is inverted, pointing down, with the Petitioner's Astral Candle at the top left, the Desired Objective Candle at the top right and the Incense Burner forming the bottom point. By surrounding your Desired Objective Candle and your Astral Candle in a pyramid of White Light, you are thus adding power to whatever it is you do.

### PREPARATION FOR DRESSING

During the preparation, dressing and lighting of the candles, the most important factor is that the mind be focused on the intention for which the candles are to be burned. This way, you are creating a Positive Energy-Flow from within yourself which can thereby be transmitted to each candle.

Remember that the practice of visualization throughout is a very important factor. Form a clear picture in your mind and be specific, but do not limit yourself in any way at all. Be prepared to accept the way in which you hope to achieve your goal at the time it materializes...but beforehand, it is much better if you do not specify how, through whom or when, you want whatever it is you want to happen. This only creates blocks, obstacles, perhaps even delays. Let the Universe take care of it for you if you want the best results, without obstruction, and be prepared to accept the way in which it comes in its own due time.

Repeating the intention for which the candles are to be burned aloud is also a very good way to send the vibration into the Universe. If your powers of concentration are not too good, then repeating your goal out loud several times may be a good way for you.

Now, before you begin your ritual, make sure ahead of time you have everything noted on your Checklist.

### Step 1

Be sure to have everything organized and ready to start well ahead of time so you can begin during the appropriate phase of the Moon, the appropriate Day and the appropriate Planetary Hour.

### Step 2

Wash or wipe down the table surface you will be using with Holy Water or salt water, and anoint each corner of the table with Blessing Oil. This is a purification and protection and is absolutely necessary.

### Step 3

Wash each candle in warm, soapy water and dry with a clean, dry towel. This is to remove all particles of dust and dirt.

### Step 4

Emerge candles in Holy or salt water and then stand on a clean, flat, dry surface until they are dry completely. It is better not to dry the Holy Water off with a towel but rather let them air dry.

### Step 5

Bless the candles by repeating aloud the following: "I ask for Thy Blessings, Guidance and Grace, Holy Spirit, upon these instruments which I use in Thy Name. Thank you. Thy will be done. Amen."

### Step 6

Label only the Petitioner's Astral Candle and the Desired Objective Candle. Label each one individually. Labeling should be done on parchment paper, but if unavailable, white typing/computer paper is the next best thing to use. A soft lead pencil or a colored pencil to match the color of each of the candles may be used, but do not use ink. Write the Petitioner's name and birth date or Astrological sign on one piece of paper, do not fold, and put to one side. The Desired Objective should be written on the other piece of paper and must be written in the PRESENT TENSE WITHOUT NEGATIVES. Write exactly what you call to you in specific detail. Avoid adding "want", "need", "desire", "wish", "how", "when" or "why". Place this paper to one side.

### Step 7

Anoint the three White High Energy Candles first, using Blessing Oil or whichever oil substitute you may have chosen.

### To Anoint Candles

Imagine a horizontal line around the center of the candle. Using the right index finger, rub oil from that center line in downward direction, at the same time turn the candle in a clockwise direction so that the candle is anointed with oil all the way around (as if drawing a spiral of oil from the center line to the base).

Using the same finger, rub the oil around the base of the candle three times in a counter-

clockwise direction.

Again, using the right index finger, rub oil from imaginary center line in an upward direction turning the candle in a counter-clockwise direction (as if drawing a spiral of oil from the center line to the top).

Using the same finger, rub the oil around the top of the candle three times in a clockwise direction.

Using an eye dropper, lastly put three drops of oil in or on top of each candle. Place these three white candles in position on the table top in the pyramid shape.

#### Step 8

Anoint the Petitioner's Astral Candle using the Astrological Oil, and again follow the instructions for anointing as specified above. Add three drops of the oil in or on top of the candle and place in position on the table. Place the paper with the Petitioner's name and birth date or Astrological sign underneath the candle with the writing facing right-side up.

Anoint the Desired Objective Candle with your choice of oil as specified above, then add three drops of oil in or on top of the candle and place in position on the table. Place the paper with the Desired Objective underneath the candle with the writing facing right-side up.

#### Step 9

Place the incense in the incense burner and put it in position on the table. You are now ready to light the candles, but make sure the time is 25 minutes before the next hour (or 35 minutes after the hour) in which you are working.

#### Step 10

Now that everything is in place and ready to go, before lighting anything, sit very quietly for a few moments and visualize the objective you wish to accomplish. Visualize the future as the present and your dream or hope as a reality.

#### Step 11

Light the three White High Energy Candles first, followed by the Petitioner's Candle and lastly the Desired Objective Candle. Then light the incense and burn some occasionally until the candles are completely burned out.

#### Step 12

Leave the candles to burn undisturbed, so that as they approach the end, you may burn each piece of paper individually, using the flame from each particular candle to do so. All ashes from the papers must be thrown outdoors. Do not be alarmed if one color candle burns out completely before another. This is quite a common occurrence when using a variety of colors. As one of the colors approaches the end, burn the corresponding paper. Simply leave everything set up otherwise until the last candle has burned out. Then remove all excess wax or glass containers.

#### Step 13

If you have used the candles in glass containers, wrap the glass in paper and throw out. If you have used standard candles, wrap any excess wax in paper and throw out also.

Beeswax candles, which are the best to use, will burn clean, leaving very little or no excess wax.

#### Step 14

Candles must NEVER be blown out. In case of an emergency, always use a candle snuffer.

### **A SAMPLE CHECKLIST**

#### Purpose

To call a job for a friend, birth date: January 10 (Capricorn)

Holy water to bless cleansed altar/table and candles

Parchment paper with friend's name and birthday in brown pencil (3" x 3" square)

Parchment paper with Desired Objective written in detail in green pencil (3" x 3" square)

Incense Burner

Matches

Candle Snuffer (in case)

#### Candles and Oils/Incense

Blessing Oil to bless the altar/table

3 White Candles for the Outer Pyramid

- One anointed with Carnation Oil
- One anointed with Frankincense Oil
- One anointed with Wisteria Oil

1 Brown Candle for Petitioner (Capricorn)

- Anointed with Magnolia Oil (Capricorn)

1 Green Candle for Desired Objective (good fortune and success)

- Anointed with Orange Blossom Oil (magnetic, success)

Orange Blossom Incense

#### Timing

In time of Waxing Moon (between New and Full Moons)

- New Moon on September 24 (to attract a job)

On Thursday (Jupiter Day of business success)

In First Hour (Jupiter Hour)

- Sunrise at 7:21 am, so first hour is 7:30 – 8:30.
- Start at 7:35 am