

THE 40 DAY SPELL

The same instructions to call love in with my Love Spell can be used with slight variations to call in a job, success, financial security, self confidence or almost anything that is considered missing in life. A little alteration in "Laurie's Love Spell" makes it "The 40 Day Spell" to fit your intentions.

Before you can attract anything – a new job, better finances, confidence – you must believe you deserve it. Not the surface belief based on need ("I need a job", "I need more money"), but deep in your soul "knowing" that what you call to you is what you deserve. So many issues follow us from past lives and early current lives that we may be unaware how we can be in our own way in getting what we want. This spell helps us get into that zone of deserving what we desire.

Materials Needed

Your List of 40 Things on White or Color Paper*

One 7 Day Candle (or 3 taper candles) of the appropriate color for the task*

The candle needs to burn 20 minutes a day for 40 days. A 7 Day Candle will last but regular taper candles will not, so have extra taper candles (if that is your choice to use) so that when one burns down, you have others to use that have all been blessed at the same time.

Blessing Oil and Incense (optional), appropriate for the task*

Sacred Space or Altar

Best Time to Start

The first hour after sunrise on the appropriate day*

At 35 minutes after the hour

Between the New Moon and the Full Moon

*See Candle Burning Instructions on my website under MetaphysiGifts for information on the appropriate color to use for the candle and paper (the colors are the same), which oils/incenses are best, and which day best suits your needs (i.e. Jupiter is for business success as in finding a job, Jupiter rules Thursday so start the spell on a Thursday)

Preparation

Make a list of 40 things that are positive about you regarding your intention. If you are calling in a job opportunity, list your attributes in being an employee (or whatever the job is). Keep it first person, present tense without negatives. Avoid using words of lack like "wish, want, desire, need". Don't limit yourself; you can edit the final list before you do the spell.

Examples:

I am a loyal person.

I am very efficient.

I have excellent skills.

I communicate well.

If you want to list something positive in a negative way, such as, "I don't gossip about other employees", instead list it as "I avoid gossip". You can also intersperse what you are with

what you deserve, as in “I deserve to be happy in my job”.

This can also be an exercise in finding out how much you think (or don't think) of yourself in a positive way in any circumstance. If you don't see yourself for what you have to offer, no one else will.

Once the list is complete, copy it neatly on the appropriate color paper.

Examples:

Green for financial gain (or abundance of any kind).

Yellow for fast luck.

Orange for creativity (usually associated with creative work).

White for self-awareness.

Rinse the candle(s) in cold water and let them air dry.

Prepare the Sacred Space/Altar that you are using. This space needs to stay intact and untouched (except when you use it once a day) for 40 days. Physically clean the area, then smudge it with sage.

Bathe/shower (using appropriately scented soap or oils if so desired) and dress in clean clothes that are appropriate either for color (green for financial gain) or type (a suit if that is what you'd wear to a new job). After the first day, the clothing does not matter; so if you feel a suit is right to get things started, jeans and a t-shirt work just as well afterward.

Once the candle(s) is air dried, hold it/them between your palms and put all the intensity you have in your being to accomplish your goal using the chakra points in your hands. Ask the candle(s) to help you project who you are and bring you your goal. If you are using an appropriate essential oil, then anoint the candle(s) with the oil. Place the candle(s) on the Sacred Space/Altar along with the incense, if you are using any, along with the list.

The Spell

At 35 minutes after the first hour of the appropriate day, with everything prepared and in place, take a few minutes to calm your energy and focus on the task at hand. The more concentration and total-sensory experience you put into the spell, the better it works. Breathe deeply to ground yourself, tap with the middle finger of your dominant hand on your Third Eye, shake your hands vigorously to stimulate the creative, spiritual center of your brain.

Light the incense (if you are using any) and direct the smoke to consume the candle(s) and your list. Then light the candle and let it burn for 20 minutes.

During the 20 minutes, read your list aloud. Take your time and focus on each of your attributes and believe what you are saying. Then spend a few minutes using all your senses either recalling or imagining what it's like for you in your heart, mind, body and soul when you are completely successful in your goal. Concentrate on that as long as you can keep it clear.

When finished and the candle has burned for 20 minutes, thank the energies involved and put the candle out (snuffing being much better than blowing it out which is very disrespectful). Get on with your day.

This ritual is done for 40 days in a row. Even though you started early in the morning on your given day, after the first day you can do this ritual at any time – from when you get up to when you go to bed. If you miss a day, you have to start it all over again from Day One and will have to wait for the appropriate day and Moon cycle to commence. If you go to sleep and wake up an hour later, suddenly remembering you didn't do it that day, you still have to start from Day One.

Every day for 40 days, light the incense (if you're using it), smudge the area with its smoke, light the candle for 20 minutes, read the list, and do the meditation. This might seem like a huge commitment but again, what energy and commitment you put into a spell is what you get out of it.

Conclusion

On the last day, read your list, do the meditation then burn the list from the candle flame (safely, having a fire-proof container ready to hold it while it burns) and let the candle burn itself out. If you are using a 7 Day Candle, this may still take a few days. It must burn to its completion undisturbed.

For safety, however, if the Sacred Space/Altar is not safe for it to burn unwatched, move it to a place that is. It's more important for the candle to burn itself out in a different location than it is to stay in an unsafe place and be accidentally put out by a well-wisher who has no idea what you're doing or accidentally start a fire (mostly dangerously from combustible things hanging above).

If you have an extra taper candle that didn't get used, save it for another time. Just let the last candle in play burn itself out.

When the spell is over, let it be. What you called may not come the next day or the next week. Have patience with the Universe. Timing is everything. Trust and believe and it comes.

However, if you do feel after a few weeks that it didn't work (which will be more impatience than fact) and you'd like to do it again, start on the next appropriate Moon cycle.

Good luck.